

Menu (Week 2)

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------|--|--|---|--|--|
| Breakfast | <ul style="list-style-type: none"> • cereal • milk | <ul style="list-style-type: none"> • toast • bananas | <ul style="list-style-type: none"> • english muffins • milk | <ul style="list-style-type: none"> • toast • fruit | <ul style="list-style-type: none"> • cereal • milk |
| Lunch | spaghetti with tomato/hamburger sauce and grated cheese Veggies | chicken and cheese wraps/veggies | chicken noodle soup/cheese and crackers/veggies | turkey/cheese and cucumber sandwiches | ham and cheese pizza/veggies |
| Snack | <ul style="list-style-type: none"> • fruit • goldfish crackers | <ul style="list-style-type: none"> • muffins • fruit | <ul style="list-style-type: none"> • banana bread • fruit | <ul style="list-style-type: none"> • animal crackers • fruit | <ul style="list-style-type: none"> • graham crackers • fruit |

All of our weekly meal plans are in accordance with the guidelines set by Yukon Childcare Services and Canada's Food Guide

